



NATIONAL HUMAN RIGHTS COMMISSION

Announcement of Online Short Term Internship Programme –

- (i) OSTI-February, 2026 (2nd to 13th February, 2026)
- (ii) OSTI-March, 2026 (9th to 20th March, 2026)

The National Human Rights Commission is mandated to promote Human Rights literacy and awareness vide Section 12 (h) of the Protection of Human Rights Act, 1993. With a view to spread awareness among University students about the need for protection and promotion of Human Rights, the Commission has been regularly conducting **Internship Programmes** since 1998.

2. Applications are invited from eligible students across the country for both the **Online Short Term Internship Programme – February, 2026 & March, 2026.**

Eligibility and selection criteria will be as follows:-

- a.) Students studying in 3rd year and onwards of any integrated 5 year PG Course;
 - b.) Students studying in 3rd / final year of a graduation course;
 - c.) Students of any semester/ year of any post-graduate degree course (also applicable to the students in three year LL.B programme);
 - d.) Students of any semester/ year of any post-graduate diploma course;
 - e.) Students who are research scholars in any stream.
3. Students must have consistently attained a **minimum of 60% marks in Class XII** and all subsequent semesters in attended degree or diploma courses, including the **presently pursued courses**. The calculated percentage has to be mentioned clearly from their CGPA/ SGPA along with the formula for percentage obtained. Failure to do either of it would result in rejection of application form.
4. A 250 words write-up on the topic “**Statement of Purpose for joining NHRC Online Short Term Internship**” will be required to be submitted by the applicants online along with the application form which will also serve as a basis of selection. **Students who have research potential in the areas relating to human rights will be preferred** (to be indicated in the write-up). The students may also include the details of co-curricular activities, Moot Courts, Internships, research projects for strengthening their application.

5. Enclose self attested scanned copies of mark-sheet from 10th standard onwards and **mark-sheet of each year/ semester of graduation & of the course pursued presently** and letter of recommendation (LOR) by concerned HOD/ Dean/ Principal which **should be of a date subsequent to the date of uploading of this advertisement** and for the presently pursued course.

6. **In absence of following, the applications are liable to be rejected.**

- a.) Scanned Self attested mark-sheets of 12th Standard, **all** Semesters of Graduation Course & marks sheets of **all** semesters of Pursuing Course;
- b.) Scanned Statement of Purposes (SOPs); and
- c.) Scanned Recommendation letter by HOD/ Dean/ Principal concerned in the **attached Proforma (Annex-I for OSTI-February, 2026 and Annex-II for OSTI-March, 2026).**

7. Students who have attended earlier Internship Programmes organized by NHRC will not be eligible to apply.

8. This is a **full time Internship Programme from 10:00 am to 5:30 pm (Monday to Friday)**. Students must ensure about their availability before applying. The student **should not be more than 28 years old as on 1st January, 2026 for both the Internship programme.**

9. **Brief Course Structure of Online Short Term Internship** would be - About 40-45 sessions on various human rights issues are proposed to be covered to sensitize the interns. The OSTI will include following inputs:

- a.) Address/ Interaction with Hon'ble Chairperson and Members of NHRC and other domain Experts including senior Govt. of India Officials.
- b.) Group Project work on Human Right issues.
- c.) Book Review Activity
- d.) Films on Human Rights concerning child and bonded labour issues, Anti Trafficking, Health including mental health and Education issues etc.
- e.) Virtual Field Visit to Jail, Police Station & NGO/ Shelter Homes. In these virtual visits the interns get to see the working of these institutions and may get their related questions addressed.

10. **Miscellaneous**

- a.) All the student interns successfully completing the internship would receive a stipend of Rs. 2000/- (Rupees Two Thousand only).
- b.) Certificate of participation will be awarded to the candidates on the basis of their punctuality, discipline, participation in online sessions; timely submission of Group Project Presentation & Project Reports, and, Book Reviews.
- c.) It is mandatory for interns **to attend all the sessions of the internship. Any application of leave will not be entertained.**

11. Application for OSTI March, 2026

- a.) The last date for submission of the application is 11th January, 2026 (18.00 hours) for OSTI-February, 2026 and 28th January, 2026 (18.00 hours) for OSTI-March, 2026.
- b.) Application to be submitted Online using link - Online Short Term Internship available at NHRC's website <https://nhrc.nic.in>. All the applications should be submitted through this online platform only.
- c.) Link for OSTI-February, 2026 is open from 2nd to 11th January, 2026.
- d.) Link for OSTI-March, 2026 is open from 19th to 28th January, 2026
- c.) If any discrepancy, such as Marks/ CGPA/ Percentage is found in the details given in any application, then the applicant will be barred from future programs of NHRC along with rejection of such application.


12. Please ensure that the application for OSTI is duly filled. Applications submitted otherwise will not be accepted.

13. Incomplete applications/ applications without self attested copies of mark-sheets (10th Class, 12th Class, All semesters of Graduation Course & pursuing Course), Letter of recommendation in prescribed format & SOPs etc. will be rejected and Applications sent through e-mails/ posts will not be entertained. No application will be accepted after the deadline *i.e.* 11th January, 2026 (18.00 hours) for OSTI-February, 2026 and 28th January, 2026 (18.00 hours) for OSTI-March, 2026.

14. The Final List of Selected Interns will be displayed on NHRC website.

15. For any details, you may please contact at Ph. No. : 011- 24663371 (between 10.00 am to 6.00 pm on working days, *i.e.* Monday to Friday). **In case of any technical difficulty you may contact at Ph. No. : 011- 24663294.**

16. The commission reserves the right to discard all/ any application, and also to amend or modify the terms and conditions of internship, without assigning any reason.


(Lt Col Virender Singh)
Director

Annex - I

Letter of Recommendation

(For OSTI – February, 2026)

It is certified that Mr. /Ms. is a bonafide student
of University/
College. He/ She is pursuing degree/ course of
..... in the year/ semester
..... He/ She is a suitable candidate for the
Online Short Term Internship Programme – February, 2026 will be conducted from
2nd to 13th February, 2026 by the National Human Rights Commission and hereby
his/ her candidature is recommended for the same.

Signature of the Dean/ Principal/ HOD

(SEAL)

Place:

Dated:

Letter of Recommendation

(For OSTI – March, 2026)

It is certified that Mr. /Ms. is a bonafide student
of University/
College. He/ She is pursuing degree/ course of
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Online Short Term Internship Programme – March, 2026 will be conducted from
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her candidature is recommended for the same.

Signature of the Dean/ Principal/ HOD

(SEAL)

Place:

Dated: