



## NATIONAL HUMAN RIGHTS COMMISSION

### Announcement of Winter Internship Programme (WIP) - 2025 15<sup>th</sup> December, 2025 to 9<sup>th</sup> January, 2026

The National Human Rights Commission (NHRC), India is mandated to protect and promote Human Rights, generate awareness vide Section 12 (h) of the Protection of Human Rights Act, 1993. Accordingly, the Commission has been regularly conducting 'Winter and Summer Internship Programmes' since 1998 and 2000 respectively.

2. For the year 2025, a four week '**Winter Internship Programme (WIP) 2025**' will commence from 15<sup>th</sup> December, 2025 (Monday) to 9<sup>th</sup> January, 2026 (Friday). Applications are invited from eligible students across the country. Eligibility and selection criteria will be as follows:

i.) Students who have **completed 1<sup>st</sup> year** and are pursuing 2<sup>nd</sup> or 3<sup>rd</sup> year LLB (3 years) courses;

ii.) Students who have **completed 3 years OR Semester VI** of the 5 year Integrated Course of BA LLB/ BBA LLB etc. and pursuing 4<sup>th</sup> and 5<sup>th</sup> years;

iii.) Students pursuing **LLM Course**;

iv.) Students pursuing **PG Diploma in Human Rights, MA in Human Rights, PG students of Political Science, Sociology, Social Work (MSW), Criminology, Public Administration, Rural Development, History, Economics, Commerce, Anthropology, Mass Communication, International Relations and any of the discipline of Social Sciences** would be considered with preference to students pursuing their final year;

v.) Only students of regular courses of UGC Recognized Universities will be eligible.

**vi.) Students must have attained a minimum of 65% marks in Class XII and all subsequent Semesters in attended/ attending degree programmes.**

vii.) The applicant **should not be more than 28 years of age as on 01.10.2025.**

viii.) Attested photocopies of mark-sheets (by HoD, where the student is presently studying) for each and every year/ semester, are to be submitted for all the succeeding years from Class X onward., failing which the application will be liable to be rejects. **All the applications should be accompanied by a Letter of Recommendation (LOR) bearing the name, signature, date &**

**rubber stamp/ seal of the Principal/ HOD/ Dean of the Institute where the applicant is studying as per Annex - I.**

ix.) Reservation as per extant Government of India guidelines for SC/ ST/ OBC/ PwD category will be applied. Candidate has to attach **self Attested Caste Certificate/ Disability Certificate (if applicable)**. In the event of **insufficient number of applications in a particular reserved category being received, the Commission would have the discretion of selecting the students from the General category.**

x.) **Efforts will be made to give representation to all the States/ UTs subject to receipt of adequate numbers of applications from the respective State/ UT and merit.**

xi.) A 250 words write-up (in online form) on the topic '**Reason for joining as Intern in NHRC**' will be required to be submitted by the applicants **which would also be considered as a Statement of Purpose (SOP), along with the online application which will also serve as a basis of selection. Students who have research potential in the areas relating to human rights will be preferred** (As indicated by them in the write-up).

xii.) The merit will be made on the basis of marks calculated out of a total of 100 marks on account of Class XII @ 30 Marks, Graduation @ 40 Marks and the Marks scored in the Write-up of 250 words @ 30 Marks.

xiii.) Students who have attended the regular one-month winter/ Summer Internship Programmes organized by NHRC earlier will not be eligible to apply.

3. Taking the experience of the earlier Internship Programmes, **this year maximum of 80 students will be admitted for Winter Internship Programme 2025. In addition, 20 students from Delhi and NCR region may be kept in the Wait List.** In the event that an intern drops out of the internship, those who have been put in the Wait List may be called to join the internship no later than the second day of the Winter Internship Programme 2025.

4. **Brief Course Structure of WIP 2025** would be - Approximately 65-75 sessions on various human rights issues are proposed to be covered to sensitize the interns. The WIP 2025 will include following:

i.) Classroom sessions

ii.) Interaction with Hon'ble Chairperson, Hon'ble Members and senior officers of NHRC

iii.) Research Project work on Human Rights issues

iv.) Book Review Activity

v.) Films on Human Rights & Discussion – Child Labour issues, Anti Trafficking, Rights of the Elderly, Health and Education issues etc. and discussions

vi.) **Field Visits to Police Stations/ Jail/ NGO's/ Parliament House/ National Commission for Women/ Minorities/ Scheduled Castes/ Scheduled Tribes/ National Green Tribunal/ National Legal Service Authority/ National Commission for Protection of Child Rights/ Supreme Court of India.**

## **5. Rules and regulations governing Internship Programme:**

- i.) The interns have to get their registration done on the date of arrival.
- ii.) Certificate of participation will be awarded to the candidates on the basis of their punctuality, discipline, participation in the sessions; timely submission of Group Project Presentation & Project Reports and Book Reviews.
- iii.) It is mandatory for interns to attend all the sessions of the internship. Any application of leave will not be entertained.
- iv.) Their daily attendance will be marked in a register/ attendance sheet.

## **6. Facilities to Interns:**

- i.) The interns will be given a Kit/ Bag and Temporary Identity Card.
- ii.) Library facilities will be provided.
- iii.) Internet facilities will be provided.
- iv.) Tea and snacks twice a day along with lunch will be provided to the interns on all working days. For field visits, interns will be provided packed lunches.
- v.) Travelling Allowance & Stipend:
  - a.) The selected interns from outside Delhi will be allowed **Sleeper AC 3 Tier train fare to New Delhi and back to their place of study through the shortest route.**
  - b.) All selected interns **who successfully complete the internship** will be paid an amount of **Rs. 12,000/- (Rupees Twelve Thousand only) as stipend.**
  - c.) **Interns will have to make their own arrangements for accommodation and local transport from and to the Commission for the duration of the internship programme.**

## **7. Awards:**

- i.) Certificate of participation will be awarded to the candidates on the basis of the following:
  - a.) Attendance, Punctuality, Discipline and Participation in the sessions;
  - b.) Timely submission of Group Project Presentation, Project Reports and Book Review.
- ii.) An amount of Rs.15,000/-, Rs. 10,000/-, and Rs.5,000/- will be given as prize money for interns who are placed Ist, IInd, and IIIrd respectively for the Group Research Project.
- iii.) The five interns with the highest marks for the Book Review will be rewarded in the form of books priced not higher than Rs.1,000/- each.
- iv.) Interns on the top three positions from the Declamation contest will be rewarded in the form of books priced not higher than Rs.1,000/- each.

## **8. APPLICATION FOR WIP 2025:**

- i.) The last date for the submission of the application is **4<sup>th</sup> November, 2025 (18:00 hours).**

ii.) Enclose attested scanned copies of mark-sheet from 10th Standard onwards and mark-sheet of each year and each semester of **presently pursuing course and recommendation by concerned HOD/ Dean / Principal which should be of a date subsequent to the date of uploading of this advertisement and for the presently pursued course.**

iii.) In absence of following, the applications are liable to be rejected:-

- a. ) Scanned attested copies of mark-sheets of 10th Class, 12th Class, All semesters of Graduation Course & mark sheets of all semesters of pursuing Course.
- b. ) Statement of Purposes (SoPs), and
- c. ) Scanned Recommendation letter/ email by HOD/ Dean/ Principal concerned in the annexed proforma (Annexure-I).
- d. ) Incomplete application/ applications without attested copies of mark-sheets (10<sup>th</sup> Class, 12<sup>th</sup> Class, All semesters of Graduation Course & pursuing Course), Letter of recommendation & SoPs etc. will be rejected and applications sent through e-mails/ posts will not be entertained. **No application will be accepted after the deadline i.e. 4<sup>th</sup> November, 2025 (18:00 hours).**

iv.) The Applications will be submitted only through the online form available on the NHRC website. The Application Form for Winter Internship Programme, 2025 is available at link 'Winter Internship 2025'. Applications to be submitted Online using link – Winter Internship 2025 available at NHRC's website <https://nhrc.nic.in>

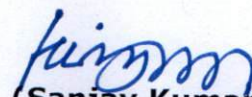
v.) The applicants must not use prefixes Mr./ Mrs./ Ms. or any other such prefixes while filling the details in the form.

vi.) If any discrepancy, such as Marks/ CGPA/ Percentage is found in the details given in any application, then the applicant will be barred from future programmes of NHRC along with rejection of such application.

9. The Final List of Selected Interns will be displayed on NHRC website.

10. For any details, you may please contact at Ph. No.: 011 – 24663371 (between 10.00 am to 6.00 pm on working days, i.e. Monday to Friday). **In case of any technical difficulty you may contact at Ph. No. : 011- 24663294.**

11. The Commission reserves the right to discard all/ any application, and also to amend or modify the terms and conditions of internship, without assigning any reason.

  
(Sanjay Kumar)  
Deputy Secretary

No.T-14/ 1/ 2023-Trg  
Dated 21<sup>st</sup> October, 2025

**ANNEX - I**

**Letter of Recommendation**

It is certified that Mr./ Ms. .... is a bona fide student of ..... University/ College. He/ She is pursuing degree/ course of.....in the year/ semester ..... He/ she is a suitable candidate for the **Winter Internship Programme 2025 (15th December, 2025 to 9th January 2026)** conducted in the year 2025 by the National Human Rights Commission and hereby his/ her candidature is recommended for the same.

Signature of the Dean/ Principal/ HOD

(With SEAL)

Place:

Dated: