



Amar Ujala, Delhi

Monday, 15th October 2018; Page: 7

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जागरूकता के लिए पैदल मार्च में शामिल हुए मैरी कॉम व विजय कुमार

नई दिल्ली। ओलंपिक पदक विजेता मैरी कॉम और विजय कुमार ने रविवार को राष्ट्रीय मानवाधिकार आयोग द्वारा आयोजित एक पैदल मार्च कार्यक्रम में हिस्सा लिया। इसके साथ ही मानवाधिकारों की निगरानी करने वाली संस्था की 25वीं सालगिरह के अवसर पर आयोजित तीन दिवसीय कार्यक्रम का रविवार को समापन हो गया। एजेंसी



मैरी कॉम और विजय कुमार मानवाधिकारों को देगे बढ़ावा

जनसत्ता ब्यूरो
नई दिल्ली, 14 अक्टूबर।

ओलंपिक पदक विजेता मैरी कॉम और विजय कुमार ने रविवार को राष्ट्रीय मानवाधिकार आयोग की तरफ से तीन दिवसीय रजत जयंती समारोहों पर आयोजित वॉक में हिस्सा लिया। मध्य दिल्ली के नेहरू पार्क में आयोजित कार्यक्रम को दोनों खिलाड़ियों के साथ राष्ट्रीय मानवाधिकार आयोग के अध्यक्ष न्यायमूर्ति एचएल दत्तू ने हरी झंडी दिखाई।

मानवाधिकारों के प्रति जागरूकता फैलाने और उनको बढ़ावा देने व संरक्षित करने के प्रति लोगों के संकल्प लेने के लिए आयोजित वॉक में महिलाओं और बच्चों सहित काफी संख्या में लोगों ने हिस्सा लिया। मैरी कॉम और विजय कुमार ने भी वॉक में हिस्सा लिया। रजत जयंती समारोहों की शुरुआत शुक्रवार को विज्ञान भवन से हुई थी। जिसका उद्घाटन करते हुए प्रधानमंत्री नरेंद्र मोदी ने कहा था कि सरकार लोगों के अधिकारों को सुनिश्चित कर उनकी जिंदगी में सुधार लाने के लिए प्रतिबद्ध है।



Hindustan, Delhi

Monday, 15th October 2018; Page: 9

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मानवाधिकार दूत बनीं मेरी कॉम

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मध्य दिल्ली के नेहरू पार्क में दोनों खिलाड़ियों के साथ राष्ट्रीय मानवाधिकार आयोग के अध्यक्ष न्यायमूर्ति एच एल दत्त ने हरी झंडी दिखाई। मानवाधिकारों के प्रति लोगों के संकल्प लेने के लिए आयोजित वॉक में महिलाओं और बच्चों ने भाग लिया।



Pioneer, Delhi

Monday, 15th October 2018; Page: 3

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SPUWAC takes part in NHRC Silver Jubilee celebration

Team explains techniques of self defence and the salient features of Himmat Plus app

STAFF REPORTER ■ NEW DELHI

With aim to create awareness and encourage women regarding their empowerment, Special Police Unit for Women And Children (SPUWAC) of Delhi Police participated in the Silver Jubilee celebration of National Human Right Commission (NHRC) organised at Central Park, Connaught Place on Saturday.

During the function, SPUWAC team explained tech-

niques of self defence and the salient features of Himmat Plus app. The self defence wing also presented through demonstration of martial arts, including kata and fights.

"A nukkad natak was organized by the team at the event which highlighted crime against women cell, domestic violence act, eve teasing and women helpline numbers (1091,1096)," said Geeta Rani Verma, Deputy Commissioner of Police (DCP), SPUWAC

"Overall, the endeavor of SPUWAC was to ensure the safety and security of women and girls of Delhi and to empower by educating them through self defence training programme and through



Himmat Plus app," said the DCP. "SPUWAC has been instrumental in bringing a positive change for safety and

security of women and girls and making all efforts for women's safety by different means of spreading awareness

through campaign and gender sensitization programme in different spheres of Delhi," said the DCP.



NHRC at 25: Mary Kom, Vijay Kumar walk to promote human rights

PTI

NEW DELHI, 14 OCTOBER

Olympic medallists Mary Kom and Vijay Kumar on Sunday participated in a walk organised here by the NHRC as curtains came down on the three-day silver jubilee celebrations of the human rights watchdog.

The event was flagged off by the boxer-shooter duo and chairperson of the National Human Rights Commission (NHRC) Justice H L Dattu from the Nehru Park in central Delhi.

"Scores of people, including women and children, participated in the walk organised to build awareness on human rights and seek people's commitment to promote and protect them. Mary Kom and Vijay Kumar also took part in the walk," a senior official said. The silver jubilee celebrations had kicked off Friday with the Foundation Day function at the Vigyan Bhawan here where Prime Minister

Narendra Modi addressing a gathering had said the government was committed to improve the lives of people by ensuring their rights. A commemorative first day postal cover and stamp were released on the occasion, and a new version of the commission's website was also launched.

"The prime minister had also said that the NHRC should use social media effectively. We have all the resources to use it, but due to manpower constraints, it has not been able to take off. Besides, we are using the alternative media like theatre and exhibition to widen our outreach to people," the official said.

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Mary Kom, Vijay walk to promote human rights

OUR CORRESPONDENT

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"Besides, we are using the alternative media like theatre and exhibition to widen our outreach to people," the official said.

He said that besides promoting human rights, the NHRC is positioning itself more proactively to prevent incidents of human rights violations.

"So, through street plays, poster-making, slogan-writing contests, we seek to engage with various stakeholders and people in general, so that violation don't happen. Just taking cognisance and keeping a record of violations is not enough," the official said



NHRC AT 25

On Saturday, the NHRC hosted a 'Human Rights Mela and Street Theatre Festival' at the amphitheatre arena of Central Park, Connaught Place.

The official said seven selected groups performed street plays on different aspects of human rights and the first prize of Rs 1 lakh went to the Street Play Society of Janki Devi Mahila College, Delhi University, for their play - 'Maila Kuchaila'.

It highlighted the chal-

lenges of manual scavengers and the need to protect their rights to life, dignity and equality, he said.

The second prize went to Rudraksh Kala Mandal for their play- 'Apna Adhikar Pechano',- highlighting how to deal with domestic violence and the third prize was given to Jazba Theatre group's play 'Bhookh' that highlighted the challenges related to protection of right to food and how the people can themselves better ensure it by avoiding wastage of food, the official said.

Hundreds of people watched the street plays and visited the Mela, which provided an evening of fun, entertainment, education and information with a focus on motivating people to stand up for the promotion and protection of human rights.

Delhi Police teams, at the event, also presented the performances of their pipe band, women self-defence techniques and a skit to show how to approach Delhi Police control room in the hour of distress, he said.